



## Course Syllabus

1	<b>Course title</b>	Introduction to Nursing Profession	
2	<b>Course number</b>	0702101	
3	<b>Credit hours</b>	2 (theory)	
	<b>Contact hours (theory, practical)</b>	2 (theory)	
4	<b>Prerequisites/corequisites</b>	None	
5	<b>Program title</b>	Bachelor in Nursing Science	
6	<b>Program code</b>	07	
7	<b>Awarding institution</b>	The University of Jordan	
8	<b>School</b>	Nursing	
9	<b>Department</b>	Clinical Nursing	
10	<b>Course level</b>	First year	
11	<b>Year of study and semester (s)</b>	Second Semester 2022\2023	
12	<b>Other department (s) involved in teaching the course</b>	None	
13	<b>Main teaching language</b>	English	
14	<b>Delivery method</b>	<input checked="" type="checkbox"/> Face to face learning <input type="checkbox"/> Blended <input type="checkbox"/> Fully online	
15	<b>Online platforms(s)</b>	<input checked="" type="checkbox"/> Moodle <input checked="" type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom	
		<input type="checkbox"/> Others.....	
16	<b>Issuing/Revision Date</b>	20/2/2023	

### 17 Course Coordinator:

**Name: Prof. Manar Nablosi, PhD, RN, CNS**

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## 18 Other instructors:

## 19 Course Description:

This course introduces beginning nursing students to the history of nursing, its nature and roles. The course has been prepared to provide the student with basic information and appropriate positive attitudes that will be acquired while studying and working in nursing profession. This information includes health and freedom from illness, nursing process, and health care delivery. In addition, it prepares the nursing students to use critical thinking and decision-making process, which guide to safe and competent nursing practice.

## 20 Course aims and outcomes:

### A- Aims:

The course aims to introduce the beginning nursing students to the historical development of the nursing profession and to appreciate the role of the nurse in the maintenance, promotion, restoration of health and prevention of illnesses throughout the life span.

### B- Students Learning Outcomes (SLOs):

Upon successful completion of this course, students will be able to:

	SLO (1)	SLO (2)	SLO (3)	SLO (4)	SLO (5)	SLO (6)	SLO (7)
SLOs	Demonstrate	Apply principles	Utilize	Apply	Demonstr	Translate	Utilize
SLOs	competency in of	effective critical	profession ate	safety organizationa	evidence of the	performing	
course	and providing with	peers, problem	standards, to protect	interprofessio	practice in the role of a	individuals,	
	solving in values, and	self, nal providing	professional	families, planning	and behaviors	individua	
	collaboration, care for						



	nurse in quality care and provision for individuals, individuals and groups.	groups, and health care team. care for groups.	implementing nursing care for groups.	in providing nursing care for families, , families,	ls, families, concepts into families, and individuals, and families, and	and management groups. individuals, families, and families, and	individuals, families, groups.
1	Describe the Understand the contrast the delivery of followed discuss nursing practice. profession including substance, education, based	Interview with a Research historical patient and leadership in specific, health issue. safety delivery system practice, infection. research.	Compare and a nurse's roles in measures patient and leadership in the nursing and health care body theory, falls and community. precaution systems.	Review the family member concept of developme nt of the to assure disease nursing universal, preventing to clients, families, and transmission-	Explain single article nursing patient's specific, in terms of standard, and		
2	Identify the variations in problem professional infancy to old utilized in	Explore the concepts of concepts of and I nursing.	Illustrate the basic localized systemic age. delivering	Identify signs of vital signs that solving and thinking infection.			

nursing care to



## 21. Topic Outline and Schedule:

			individuals and families.					
3	Discuss measurement of blood oxygenation using pulse oximetry.				Correctly implement aseptic practices, including hand washing, donning and removing a facemask gown, and disposable gloves; managing equipment used for isolating clients; and maintaining a sterile field.		Understand evidence based practice	
4	Explain the role of the nurse in the maintenance, promotion and restoration of health and prevention of illness throughout the life span.							
5	Develop nursing diagnoses, desired outcomes, and interventions related to different patient's health issues.							

Week	Lecture	Topic	Intended Learning Outcome	Learning Methods (Face to Face or online lectures)	Platform	Synchronous / Asynchronous Lecturing	Evaluation Methods	Resources
1 2628/2	1.1	Introduction to the course		Face to face		synch	MCQ	
	1.2	Introduction to the course						
2	2.1	<p><b>- Historical and Contemporary Nursing Practice</b></p> <p>History of Nursing in the Islamic Era</p> <p><b>- Nursing Leaders</b></p>	1.1 \ 1.4 \ 2.1 \ 4.1 \ 6.1					<p><b>Chapter 1</b></p> <p>:History and current practice (Textbook 2, the Arabic version)</p>

	2.2	<b>Historical and Contemporary Nursing Practice</b> <ul style="list-style-type: none"> <li>- Nursing education</li> </ul> Nursing Theories Contemporary Nursing Practice <ul style="list-style-type: none"> <li>- Definitions of nursing</li> <li>- Recipients of nursing care</li> </ul>	1.1 \ 1.4 \ 2.1 \ 4.1 \ 6.1						<b>Chapter 1</b> Textbook 1 (from page 36 nursing education to end of chapter)
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		<ul style="list-style-type: none"> <li>- Scope of nursing</li> <li>- Settings for nursing</li> </ul>							
3	3.1	<b>Roles and functions of the nurse</b> <ul style="list-style-type: none"> <li>- Criteria of a profession</li> <li>- Factors influencing current nursing practice</li> </ul>	1.1 \ 1.4 \ 2.1 \ 4.1 \ 6.1						

	Nursing Organizations						
3.2	<b>Nursing research &amp; evidencebased practice</b> Evidence-based practice (EBP) Nursing Research Approaches to Nursing Research Overview of the Research Process	1.1\ 1.4 \ 2.1 \ 4.1 \ 6.1					<b>chapter 2</b> (from page 53 to page 57. Research related roles not included)

4	4.1	<p><b>Healthcare Delivery Systems</b></p> <p>Types of health care services</p> <p>-Primary Prevention: Health Promotion and Illness Prevention</p> <p>- Types of health care agencies &amp; services</p>	1.1\ 1.4 \ 2.1 \ 4.1 \ 6.1					<p><b>Chapter 5</b> (from page 113 to page 121. Factors affecting healthcare delivery not included)</p>
	4.2	- Providers of health care	1.1\ 1.4 \ 2.1 \ 4.1 \ 6.1					Chapter 5
5	5.1	<p><b>Health, Wellness, and Illness</b></p> <p>Concepts of health, wellness, wellbeing</p>	1.4 \ 1.5 / 2.1					<p>Chapter 20: Health, Wellness, and Illness</p>



	5.2	-Models of Health and Wellness  - Variables Influencing Health Status, Beliefs, and Behaviors  - Healthcare Adherence	1.4 \ 1.5 / 2.1					Chapter 20: Health, Wellness, and Illness
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6	6.1	- Illness and disease	1.4 \ 1.5 / 2.1					Chapter 20: Health, Wellness, and Illness
	6.2	- Illness behaviours  - Effects of illness	1.4 \ 1.5 / 2.1					Chapter 20: Health, Wellness, and Illness
7	7.1	<b>Vital Signs</b>  Body Temperature	1.2 / 1.3					Chapter 28: Vital signs
	7.2	Temperature	1.2 / 1.3					Chapter 28: Vital signs
8	8.1	Pulse	1.2 / 1.3					Chapter 28: Vital signs
	8.2	Pulse	1.2 / 1.3					Chapter 28: Vital signs

9	9.1	Respiration	1.2 / 1.3					Chapter 28: Vital signs
	9.2	Respiration	1.2 / 1.3					Chapter 28: Vital signs
10	10.1	Blood pressure	1.2 / 1.3					Chapter 28: Vital signs
	10.2	Blood pressure	1.2 / 1.3					Chapter 28: Vital signs
11	11.1	<b>Asepsis and Infection Prevention</b>  Introduction  Types of infections	2.1 \ 5.1 \ 5.3 \ 7.1					Chapter 31

		Nosocomial and Healthcare Associated Infections						
	11.2	Chain of Infection	2.1 \ 5.1 \ 5.3 \ 7.1					Chapter 31
12	12.1	Body Defenses Against Infection  Factors Increasing Susceptibility to Infection	2.1 \ 5.1 \ 5.3 \ 7.1					Chapter 31

	12.2	Nursing Management Disinfecting and Sterilizing Infection Prevention and Control	2.1 \ 5.1 \ 5.3 \ 7.1					Chapter 31
13	13.1	Infection Prevention and Control	2.1 \ 3.1 \ 5.1 \ 5.3 \ 7.1					Chapter 31
	13.2	Infection Prevention and Control	2.1 \ 3.1 \ 5.1 \ 5.3 \ 7.1					Chapter 31
14	14.1	<b>Safety</b> Factors Affecting Safety	2.1 \ 3.1 \ 5.1 \ 5.3 \ 7.1					Chapter 32
	14.2	Safety- Nursing Management	2.1 \ 3.1 \ 5.1 \ 5.3 \ 7.1					Chapter 32 Till end of page 738
15	15.1	Restraining Clients	2.1 \ 3.1 \ 5.1 \ 5.3 \ 7.1					Chapter 32
	15.2	Restraining Clients	2.1 \ 3.1 \ 5.1 \ 5.3 \ 7.1					Chapter 32

## 22 Evaluation Methods:

Opportunities to demonstrate achievement of the SLOs are provided through the following assessment methods and requirements:



Evaluation Activity	Mark	Topic(s)	SLOs	Period (Week)	Platform
Quiz	20%	Historical and current practice		4 <sup>th</sup> . -5 <sup>th</sup> -	On campus
Midterm exam	30%	Health, wellness, and illness + temperature		8 <sup>th</sup> 16/4-30/4/2023	On campus
Final exam	50%	Vital signs, safety, infection control, and hygiene		16 <sup>th</sup> 8/6- 20/6/2023	On campus

### 23 Course Requirements

**(e.g: students should have a computer, internet connection, webcam, account on a specific software/platform...etc):**

### 24 Course Policies:



### **A- Attendance policies:**

- Students must attend all classes of this course (online sessions-synchronized or A synchronized and on campus sessions).
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to attend late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

### **B- Absences from exams and not submitting assignments on time:**

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make-up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse from the Dean of School of Nursing who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.

### **C- Health and safety procedures:**

Students should comply with the University of Jordan, Ministry of Health, and Ministry of Higher Education rules and regulation for COVID-19 precautions when allowed to attend exams at the University premises including but not limited to wearing mask, gloves, and keep 1.5-2M physical segregation from colleagues.

### **D- Honesty policy regarding cheating, plagiarism, misbehavior:**

Cheating, plagiarism, misbehavior are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.
  - Using any media (including mobiles) during the exam
  - Allowing anybody else to sit for online exams

### **E- Examination Instructions for Students**



▮ **For online quizzes or exams** · Follow-up the instructions of the exam on the e-learning page of your section (Date, time and other guidelines) ·

- Make sure you have a good internet connection at the time of the exam
- Connect to the exam internet site 10 min before the quiz or exam time



### ▢ For on-campus exams:

- Follow-up the instructions of the exam on the e-learning page of your section (Date, time, assigned computer lab of the exam and other guidelines) · Bring your University ID card with you
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time
- It's not allowed to enter the exam room late
- In case of coming late you have to contact the course coordinator immediately
- It's not allowed to leave the Exam room before the end of at least one-third of the exam time.
- Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed.

### ▢ Other instructions

- You will not be given extra time for the exam if you joined the exam late ·
- For Re-exam (Make-up exam) issue refer back to the university rules.

<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>

**E- Grading policy:** A grade of (D) is the minimum passing grade for the course.

**F- Available university services that support achievement in the course:** Online services (**Moodle elearning & Microsoft Teams** )

## 25 References:



A- Required book(s), assigned reading and audio-visuals:

1. **Textbook (1): Berman, A., Snyder, S. J., & Frandsen, G. (2022) Kozier and Erb's Fundamentals of Nursing: Concepts, Process and Practice (11<sup>th</sup> ed) Pearson Education (TEXTBOOK)**
2. **Textbook (2): Kozier, B., Erb, G., Berman, A., Snyder, S., Abdalrahim, M., AbuMoghli, F., & Saleh, M. Y. (2012). *Fundamental of Nursing: Concept, Process, and Practice* (Arab world edition). Pearson Education Limited.**

B- Recommended books, materials, and media:

Brooker, C., and Waugh, A. (2013). Foundations of nursing practice: Fundamentals of holistic care. Elsevier Health Sciences

McCustion, L., Kee, J., Hayes, E. (2015). A Patient-Centered Nursing Process Approach. (Eighth Edition). USA: Elsevier

Nightingale, F. (1992). Notes on nursing: What it is, and what it is not. Lippincott Williams & Wilkins,

Peate, I. and Nair, M., (2017). Fundamentals of anatomy and physiology for nursing Healthcare Students. WileyBlackwell

Rebeiro,G.,Wilson, D.,Scully, N., & Leanne J., (2017). Fundamentals of nursing clinical skills workbook, Elsevier  
Silvestri, L. (2014). Saunders Comprehensive Review for the NCLEX-RN® Examination.(Eighth Edition).USA:Elsevier

Smith, S., Duell, D., & Martin, B.,(2014). Clinical Nursing Skills. (International Edition, Eighth Edition). UK: Pearson Education Limited. ·

<https://library.ju.edu.jo/Elibrary/>

<https://www.nursingworld.org/practice-policy/workforce/what-is-nursing/> <http://jnmc.jo/>

<http://www.jnc.gov.jo/Pages/default.aspx>

<https://ojin.nursingworld.org/MainMenuCategories/ANAMarketplace/ANAPeriodicals/OJIN/TableofContents/Vol24-2019/No3-Sept-2019/Nursing-Profession-in-Jordan.ht>

**26 Additional information:**





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Name of Course Coordinator: Manar Nabolsi	Signature: ----- <i>Manar Nabolsi</i> ----	Date: 20/2/2023
Head of Curriculum Committee/Department: -----	Signature: -----	---
Head of Department: --- Dr. Zyad Saleh -----	Signature: --- Dr. Zyad Saleh ----	-
Head of Curriculum Committee/Faculty: -----	Signature: -----	-
Dean: -----	Signature: -----	